VERTICAL RAISE

VERTICAL RAISE HOMEWORK

QUALITY CONTACTS = A STRONGER FUNDRAISER

NAME _____ TEAM / PROGRAM _____ DUE _____

HOMEWORK GOAL: 20+ QUALITY CONTACTS

EMAIL and/or CELL

DIRECTIONS

Get with your parents/guardians and brainstorm a list of your closest family contacts and supporters, thinking of those people who LOVE and SUPPORT you and our team. On this sheet, record their EMAIL and/or CELL number. We will be reaching out to them and sharing our Vertical Raise campaign message and asking for their support to help us reach our goal. All contact information is kept 100% confidential. They will ONLY be contacted ON YOUR BEHALF FOR OUR CAMPAIGN!

QUALITY CONTACT RULES

- ONLY use people you or your parent/guardian know personally
- DO NOT use teachers, coaches, classmates, or members of our team / program.
- CELL # FORMAT: 717-586-1039 or 7175861039

ALL CONTACT INFORMATION IS KEPT 100% CONFIDENTIAL

Contacts are ONLY contacted ON YOUR BEHALF ROR OUR CAMPAIGN!

10 GREAT PLACES TO START

Use these as prompts, then write the actual supporter in the table below,

1	2	3	4	5	6	7	8	9	10
GRANDPARENTS	AUNTS or UNCLES	COUSINS or OLDER SIBLINGS	OUT OF STATE FAMILY / FRIENDS	PARENTS BEST FRIENDS	PARENTS COWORKEERS	NEIGHBOR / FAMILY FRIEND	FORMER COACH / PERSONAL TRAINER	SOMEONE YOU TRAVEL TO VISIT	SOMEONE YOU DO NOT SEE VERY OFTEN

YOUR CONTACT LIST - START WITH 10

SAVE THESE IN YOUR PHONE'S NOTES APP

#	SUPPORTER NAME	EMAIL	CELL #
1			
2			
3			
4			
6			
6			
7			
8			
9			
10			

NOTES APP = COPY + PASTE READY

BRING THIS LIST TO LAUNCH DAY . . . AND BE READY TO ENTER AND SHARE!

QUALITY > QUANTITY

VERTICAL RAISE

ADDITIONAL QUALITY CONTACTS

KEEP GOING — THE GOAL IS 20+ QUALITY SUPPORTERS

PHONE NOTES TIP: *If you fill this out on paper, save the same contacts in your phone's Notes app.*

#	SUPPORTER NAME	EMAIL	CELL #
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
21			
22			
23			
24			
25			

SUCCESS FORMULA:

QUALITY CONTACTS + FULL PARTICIPATION = STRONGER RESULTS

BRING THIS LIST TO LAUNCH DAY . . . AND BE READY TO ENTER AND SHARE!